



## Youth Ambassador Volunteer Role Description

### The Charity

Sandy Bear exists to improve outcomes for children, young people and families who have been bereaved by the death of a significant person in their lives or are facing such a death. We work to support emotional well-being, whilst alleviating physical distress and improving overall personal resilience.

We work throughout Wales and have ambitious plans to ensure that ALL children, wherever they may reside in Wales have access to Sandy Bear's Support.

Further information about our work can be found on our website [www.sandybear.co.uk](http://www.sandybear.co.uk) or by following our social media pages.

### The Role

Our core activity is to support children and young people, so we are keen to ensure that young people have an active voice within our organisation from how we deliver support, to letting others know about Sandy Bear; to advocating on our behalf to raise the profile of bereavement support to organisations, businesses, and even the government.

Whether you have a few set hours a week/month, available just for one or two events, or able to work very locally, or able to travel; we would be delighted to have you onboard.

We are keen to set up and hold regular youth focus groups face to face or online to ensure we listen and respond to the needs of young people.

The list below is just an overview of support where you could make a huge difference. Please do chat to us about what you might be able to bring to the team we can be flexible in our approach.

Examples of support could include:

- Taking part in face to face or online calls to discuss the issues young people face when they are bereaved. Helping us to come up with solutions that support you.
- Exploring ways of letting the world know about the work of Sandy Bear generally, but also more specific topics and issues that affect bereaved young people. This could be visibility at events or on social media, supporting at conferences, seminars, webinars and training. Discussions at events or with local councils, NHS and government leaders with our support.
- Supporting others who have been bereaved through sharing of personal stories and experiences which may help others who have been bereaved more recently. As part of media opportunities, or attendance at one of our peer support groups to let those young people know it does get better.

# SANDY BEAR

- We always need help with our fundraising activities. Whether that's supporting one planned by Sandy Bear, or by getting together with a group of friends of classmates to set up and host an event yourselves.
- Collecting pictures and stories from events to help us increase our online and social media presence.
- Taking the lead role within your community to let others know that support from Sandy Bear exists and can make a huge difference.

We couldn't achieve all we do without the amazing support of people like you volunteering time, energy and enthusiasm. If you can help with any part of the above or have other ideas how you might be able to support our fundraising efforts, please do get in touch to find out more.

[admin@sandybear.co.uk](mailto:admin@sandybear.co.uk) or 01437 700272 or find us on social media 😊