



The Charity

Sandy Bear is a registered charity, providing a service to all children and young people who have experienced, or who are facing, a bereavement.

Sandy Bear provides a service to all children, young people and families, who have experienced or are anticipating the death of a special person. Our support includes both therapeutic 1:1 and peer support.

We focus on listening to the child and ensuring they are able to voice in their own words and with their own understanding, their story about the bereavement they have experienced or what they will experience. This helps them to make sense of their grief.

We work with children, young people and parents/carers to develop understanding of how we all grieve. This often includes working holistically with other organisations.

Volunteers play a crucial role in our service delivery and our work is made possible through their dedication.

The Role

Sandy Bear Children's Bereavement Charity are looking for individuals to volunteer with children, young people and their families following a bereavement.

The aim of the role is to help children, young people and families to develop resilience to cope with their grief. Tasks will vary dependant on the needs of the children and families.

The charity will provide full training as well as ensuring appropriate supervision is to hand to support all volunteers during their time working with the charity.

Benefits of volunteering

- Gaining new, valuable experience whilst being part of a friendly team.
- Developing your skills to add to your CV and seek future work in health and social care settings or other fields of employment.
- In house training opportunities (initial and ongoing training).
- Travel expenses reimbursed in accordance with our Volunteer Policy.
- Making a significant difference to the lives of children, young people and their families in Pembrokeshire following a bereavement.
- Sandy Bear Children's Bereavement Charity volunteers uniform.

Skills required

- Empathise with children, young people and families.
- Good communication and listening skills.
- Ability to maintain confidentiality.
- Caring and supportive nature.
- Good time management.

Expenses information

Sandy Bear Children's Bereavement Charity will reimburse volunteers for approved expenses wholly and necessarily incurred in the course of their volunteering duties.

Expenses will be paid in accordance with the regulations and interpretation of the Inland Revenue or suspended if necessary at their instruction.

Travel expenses can be claimed providing they are reasonable and are authorised by the Treasurer. Volunteers are expected to use the most cost-effective transport, methods and routes in conducting business, the shortest route ideally.

We recommend that interested volunteers sign up for an 'Introduction to Sandy Bear session' before applying for the role. Please visit: <https://www.eventbrite.co.uk/o/sandy-bear-childrens-bereavement-charity-76320267173> to book a slot.

For more information and an application form, please contact hannah@sandybear.co.uk