# SANDY J BEAR

### **School Bereavement Champion- Role Description**

#### The Charity

Sandy Bear exists to improve outcomes for children, young people and families who have been bereaved by the death of a significant person in their lives or are facing such a death. We work to support emotional well-being, whilst alleviating physical distress and improving overall resilience to benefit the developing needs of young people.

We work throughout Wales and have ambitious plans to ensure that ALL children, wherever they may reside in Wales have access to Sandy Bear's Support.

Further information about our work can be found on our website <u>www.sandybear.co.uk</u> or by following our social media pages.

#### The Role

Our work relies on the support and close connections within a variety of settings, especially schools. With clear outcomes showing that our work supports young people to engage better with, and achieve higher educational attainment when they are able to talk through and understand the grief they have following the death of someone close to them.

Whether you have a few set hours a week/month, available just for one or two events, able to work very locally, or able to travel; we would be delighted to have you onboard.

We are keen to set up a network of school bereavement champions who can shout about the work of Sandy Bear, but also support us as a local contact point for those within your schools or wider community who may need some advice, support or need someone to turn to.

The role can be flexible from being a point of contact and to signpost to our services, or to take a more active voluntary role in supporting those young people you encounter. (Training provided!)

The list below is just an overview of support where you could make a huge difference. Please do chat to us about what you might be able to bring to the team we can be flexible in our approach.

Examples of support could include:

- Taking part in our general one-day bereavement support training to give you the confidence, skills and knowledge to support bereaved children, young people and families with practical advice and support, or by signposting and working with Sandy Bear practitioners to offer support.
- Supporting our work further through our three-day volunteer training and ongoing support to work closer and directly within our groups, or 1:1 with those children and young people within your own educational setting who may need Sandy Bear support.

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- We always need help with our fundraising activities. Whether that's supporting one planned by Sandy Bear, or by getting together with a group of friends or colleagues to set up and host your own fundraising events.
- Taking the lead role within your school community to let others know that support from Sandy Bear exists and can make a huge difference.

We couldn't achieve all we do without the amazing support of people like you volunteering time, energy and enthusiasm. If you can help with any part of the above or have other ideas how you might be able to support our fundraising efforts, please do get in touch to find out more.

admin@sandybear.co.uk or 01437 700272 or find us on social media 😊